

100 Reasons to Give

As Capper Foundation celebrates its 100th Anniversary on Christmas Day, it reminds us of how we made it to this milestone – you, our friends and donors. As we have experienced many challenges and changes throughout the past century, one constant remains. Our friends care about children and adults with disabilities and want to be a part of their success through gifts of support.








Giving can be packaged in a variety of ways:

- Cash donations
- Gifts of property and/or stocks
- Required Minimum Distribution from retirement accounts
- Planned gifts through trusts and estate planning
- Memorials
- Gifting of time as a volunteer
- Sponsorships of fundraising events
- Peer-to-Peer fundraising efforts



Whichever option you select, know you are helping a child or adult with disabilities build their abilities. Arthur Capper's desire to give children and their families hope is continued through your giving today. Your support is sincerely appreciated!

TRAVEL WITH US THROUGH TIME

<p>Capper Celebrates 100th Anniversary.</p>	<p>2020</p> 
<p>2014</p> 	<p>Expanded adult services to Winfield, El Dorado & Ark City, KS.</p>
<p>New facilities built to expand programs and services.</p>	<p>1959</p> 
<p>1934</p> 	<p>Became The Capper Foundation for Crippled Children.</p>
<p>Arthur Capper established the Capper Fund on Christmas Day.</p>	<p>1920</p> 



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or
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Capper Creations

An important part of our Adult Day Services is the vocational training we offer adults served, in addition to the employment experience they gain in Auto Detailing, Small Engine Repair, Business Support Services and the Capper Creations Gift Shop.



After completing vocational training in our Skills To Pay Bills program, we are happy to share that Victor (*shown at right*) was offered a job at The Giving Tree in Topeka!

Victor is enjoying his new role and still works in the wood shop at Capper. In addition, the foundation provides him with continued job coaching to help with his work in the community. Good job, Victor!



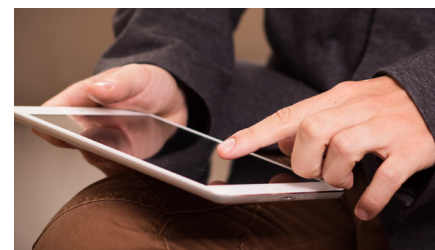
WHERE TO FIND CAPPER CREATIONS

Now, there are more places than ever (virtual and physical) to purchase Capper Creations Gift Shop products outside just the Capper Foundation Topeka location. Look for our booths at both Owls Nest locations in Topeka, our Etsy shop at www.etsy.com/shop/capperfoundation, or search for our new Facebook page, "Capper Creations Gift Shop and Services."

Equipment Grant

Capper Foundation was recently awarded Covid relief grants from Cowley and Shawnee County. Funds from these grants will be used to purchase iPads for our residential homes. This will provide ways for the adults served to use telehealth for virtual health appointments and to communicate with family and friends virtually.

We are grateful for the support we receive in so many ways!



VISIT WWW.CAPPER.ORG to watch the full celebration or segmented videos from our



Annual Children's Shopping Trip

This holiday season, we are thankful for Randy Austin, owner of Fairlawn Plaza Mall, and his family, who have provided holiday shopping trips to children served at Capper Foundation for more than 45 years. Though we missed seeing the kids sit on Santa's knee this year, individual families were given certificates to take part in socially distanced shopping trips at Fairlawn Plaza.



2021 Events

BLARNEY BREAKFAST

When: March 13
Where: Blind Tiger Brewery & Restaurant, Topeka, KS

AN EVENING FOR A CHILD

When: Saturday, April 24
Where: Virtual

ICAN BIKE

When: June 7-11
Where: Central Park Community Center, Topeka, KS

ARTHUR CAPPER'S 156TH BIRTHDAY CELEBRATION

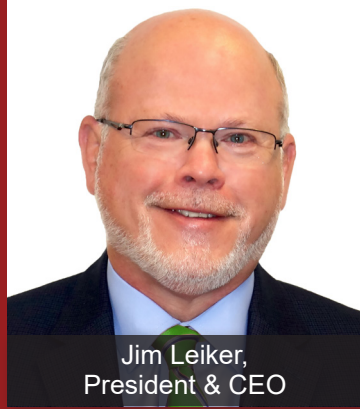
When: Wednesday, July 14
Where: Capper Foundation

ICAN SWIM

When: July 12-16
Where: Capitol Federal Natatorium at Hummer Park

DONOR & VOLUNTEER AWARDS RECEPTION

When: Thursday, November 18
Where: Ramada by Wyndham Topeka Downtown Convention Center



Jim Leiker,
President & CEO

Fiscal Year 2020 Capper Highlights

- Served individuals from **18** counties and **51** cities in Kansas.
- Capper Foundation provided **739,554** hours of services to **1,606** individuals.
- **208** volunteers provided **2,022** hours of service in diverse roles, supporting programs, facility and administrative needs, fundraising events, and capital campaign efforts.
- Capital Campaign reached **\$2.7 million** of its \$3 million goal to serve more people.

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Capper Foundation is a
tax-exempt 501(c)(3) non-profit



Capper Update

Holiday 2020

The year 2020 has been exceptionally challenging, yet we find ourselves full of gratitude and thankfulness. Thankful we can reflect back on a year of progress, transition, adaptation and appreciation. Thankful we can celebrate a year of accomplishments as well as a century of service to hundreds of thousands of individuals with disabilities.

Our 100th Anniversary year, and its planned celebrations, rolled out differently than anticipated due to the Covid-19 pandemic. We transitioned many activities to virtual events, giving our friends across the country access to engage and enjoy. We are thankful thousands of friends were able to participate and gain a better understanding of the impact Capper Foundation services make on families, hearing and seeing the progress of individuals served and solidifying why their gifts are so important.

Although the times are very demanding, we continue to persevere and provide exceptional pediatric therapy services to children and day/residential services to adults. Capper staff, donors, volunteers and business partners are the “how” in making the “why” and “what” possible. Please know you are a blessing to Capper Foundation and the many lives we impact. We are truly grateful to you for your support, contributions and caring heart to help change lives and build abilities.

Wishing you and yours an enjoyable Holiday Season and a better New Year ahead!

Sincerely,

Achieved 8th Consecutive
HIGHEST RATING
Top 5% of U.S. charities



Christmas Day Marks 100 Years of Service!

At Capper Foundation, we have a special reason to be jolly this holiday season. Christmas day of this year will mark the official date of our 100th anniversary!

Our story began when Arthur Capper (before he was a Senator or Governor), continuing his longtime ritual, sent a car adorned with a reindeer head and boughs of holly to deliver Christmas gifts to the less fortunate children of Topeka. His composing room foreman at The Topeka State Journal, Con Van Natta, helped with these merry outings.

During one such outing on Dec. 25, 1920, Con saw something he couldn't shake — children with disabilities with noses pressed to their windows, unable to come outside and participate.

Later, when Con told Arthur about these children, his response was resolute: “Get the best surgeons you can find and the best hospital. Go to the office for the money you need. I shall expect you to begin at once.”

The rest is history. That was how The Capper Fund for Crippled Children was born out of the Christmas spirit and evolved into the Capper Foundation as we know it today, reaching countless children and adults statewide over the last 100 years.

As we celebrate this remarkable milestone, we wish you a wonderful holiday season, from all of us at Capper Foundation! To watch a masterful film sharing the story of our founding, visit our 100th Anniversary Gala webpage at www.capper.org and look for “A Reenactment of Capper Foundation's Origin Story and Legacy.”



Meet the Aguilera Family

For nearly four years, Capper Foundation has provided pediatric services to the Aguilera family. Lacey and Adrian Aguilera's three boys, Christian, Christopher and Maximus have been building abilities in leaps and bounds, and we admire their story.

In each of the pediatric disciplines at Capper — Behavior Support Services, Speech Therapy, Occupational Therapy (OT), Physical Therapy, and Feeding Therapy — our therapists demonstrate necessary strategies to families, provide interventions and encourage them to continue at home. A critical part of the equation is the family's commitment to continuing the work between sessions. Occupational Therapist Crista Porter says that's something the Aguileras are known for.

“They're amazing and they're great to work with,” Crista shares. “You can definitely tell that the parents work with the kiddos.” Kudos to the Aguilera family!



CHRISTIAN, AGE 10

Of the three Aguilera boys, Christian was the first to receive services at Capper, starting at age 6. Christian has been diagnosed with autism, struggles with a speech delay, and was nonverbal before starting therapy.

Until recently, Christian received both speech and occupational therapy at Capper. After two and half years of working with Occupational Therapist Amy Douglas, he completed OT, meeting all of his set goals. His communication skills have also greatly improved from his time in speech therapy.

“Therapy has helped him to communicate with his family and peers,” Speech-Language Pathologist Jenny Stous explains. “It has significantly cut down on his frustration. He can tell mom when he wants a snack or wants to play outside. He can ask his brothers to play with him or help him when he needs it.”

Jenny and Christian's mother, Lacey, both say Chris is an amazing artist, very intelligent, and they believe there's no limit to what he can achieve, when he sets his mind to it.



CHRISTOPHER, AGE 7

Christopher was diagnosed with ADHD and autism earlier this year and now receives OT at Capper with Crista. Though he's very smart, Christopher struggles with sitting still and becoming overwhelmed by tasks he's asked to perform. He has some social anxiety as well, but his time at Capper has allowed him to improve greatly both at home and at school.

In his three months since starting therapy, Christopher has made great gains in his sensory processing, self care, fine motor skills and more. Most importantly for Lacey and Crista, his overall attention span has improved during his time at Capper, which has helped him better understand his own strengths and capabilities.

“He always comes with a smile every week,” Crista explains. “He really loves the tire swing in my therapy room, so we usually always start with that. Things like that are kind of a motivator for him. It's always just fun to see how excited he is to be there.”

Christopher loves anything that involves sports, playing outside or building things. He's very creative as well, and his family believes the possibilities for his future are endless.



MAXIMUS, AGE 2

The youngest of the boys, Maximus, had a brachial plexus injury to his shoulder at birth, for which he also receives Occupational Therapy with Crista. During his very successful sessions at Capper, he's able to exercise and stretch his arm and shoulder through “fun” activities, such as puzzles, games, and using the warm water therapy pool.

“He's had really bad experiences with a few doctors and some therapists, but he's just really attached to Crista,” Lacey explains. “She's made all of this so much easier for him, and he's able to trust people more and I really thank her for that. We would be lost without the Capper Foundation.”

Maximus is very energetic, loves to play and he's obsessed with cars. Rather than feeling limited by his injury, Lacey believes therapy at Capper helps him feel empowered to try new things, play independently and be whatever he wants to be.

“Capper is a place where they welcome you with open arms,” Lacey says. “I've never once been told ‘no’ by them or ‘we don't know what else to do for you.’ They are there until the very end for us.”